

MOVING?

DONATE YOUR FOOD WHEN YOU MOVE



1 in 5 children in the United States are food insecure.



Let's Fight Hunger Together

1 in 7 Americans struggle with hunger, but it doesn't have to be that way! We've teamed up with Move For Hunger to raise awareness about this important issue and make it easy for you to help feed local families in need.

Visit **DonateMyFood.org** to find and book a mover who will donate your un-opened, non-perishable food items when you move.

Not using a mover? Feel free to drop off any donations at our office.

WHAT TO DONATE?

Canned: Vegetables, Fruits, Stews, Soups, Beans, Tuna, Meat Pasta/ Sauce, Baby Food/Formula, Dry Beans, Flour, Cereal, Oatmeal, Juice, Rice, Peanut Butter & Jelly, Crackers, Cookies



Move For Hunger is a national 501(c)3 non-profit organization that mobilizes the relocation industry to reduce food waste and fight hunger | DonateMyFood.org