



YEAR IN REVIEW
2011



*Helping People
Feed People*





A MESSAGE FROM THE EXECUTIVE DIRECTOR

When Move For Hunger started just a couple years ago, we could never have imagined having a year like 2011 – and what a year it has been! From the award shows and events to new partners and incredible visits with food banks, each experience has inspired us to work harder and smarter to provide relief for our neighbor's in need.

Move For Hunger started with a simple idea: get excess food from the people who have it, to those that need it. Out of that little idea, sprouted a nationwide network of 225 moving companies in 38 different states that has delivered enough food to provide over 250,000 meals in the last year alone.

Hunger is one of the biggest problems facing this country, and no one is talking about it. Every day we are educating thousands of individuals of the need in their local communities and are giving them an opportunity to get involved. We've brought the food drive into the home and made it easy for people to participate.

Hunger is a year-round problem, and Move For Hunger has become a year-round solution. While we are extremely proud of all that we have accomplished, we know that our work is nowhere near complete. 1 in 6 Americans are struggling. 17 million children will go to bed hungry tonight. As one of the wealthiest nations in the world, this is unacceptable.

Armed with this knowledge, we welcome the opportunities that the New Year affords Move For Hunger. We are poised to make an even bigger impact in peoples' lives, and we would like to take the time to thank each and every one of you for standing behind us. Whether you are just joining the family or if you've been involved from the beginning, we would not be here without your support.

From our family to yours, we wish you a happy, healthy and prosperous New Year,

Adam and the Move For Hunger Team

The Move For Hunger Team

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Thank You For Your Support



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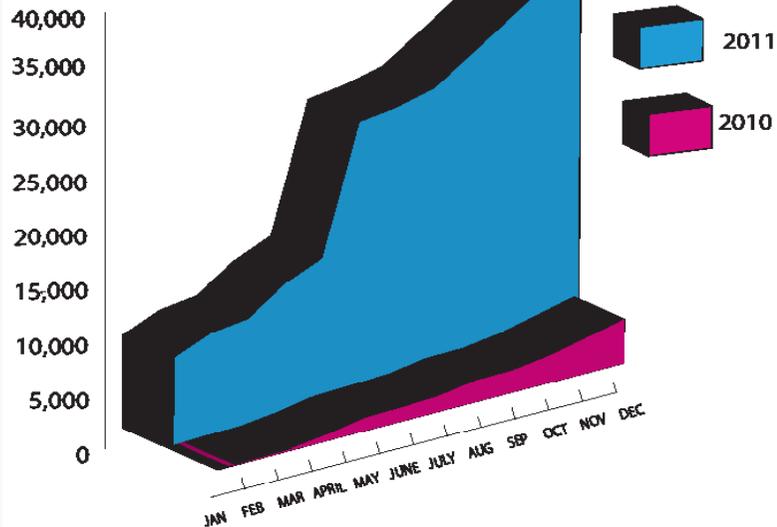
Lowy's Moving Service

HUNGER #1

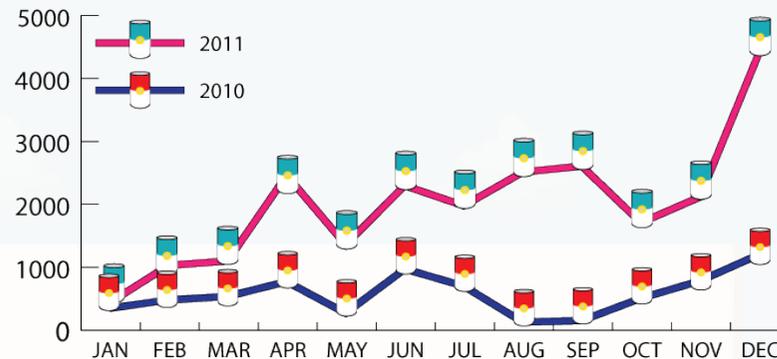
A YEAR IN NUMBERS



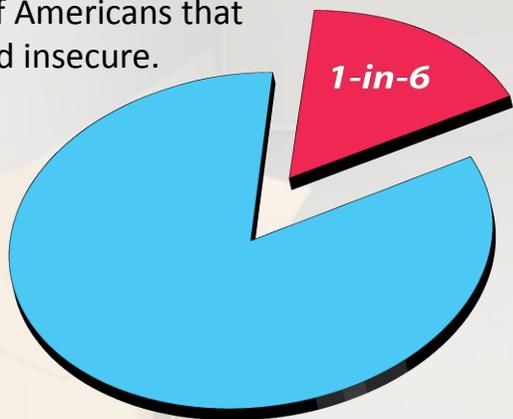
Total Pounds of Food Collected



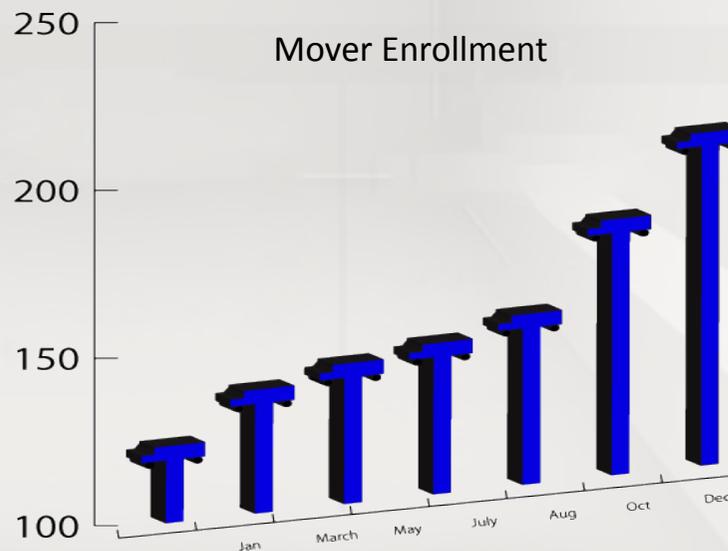
Pounds of Food From Events



Ratio of Americans that are food insecure.

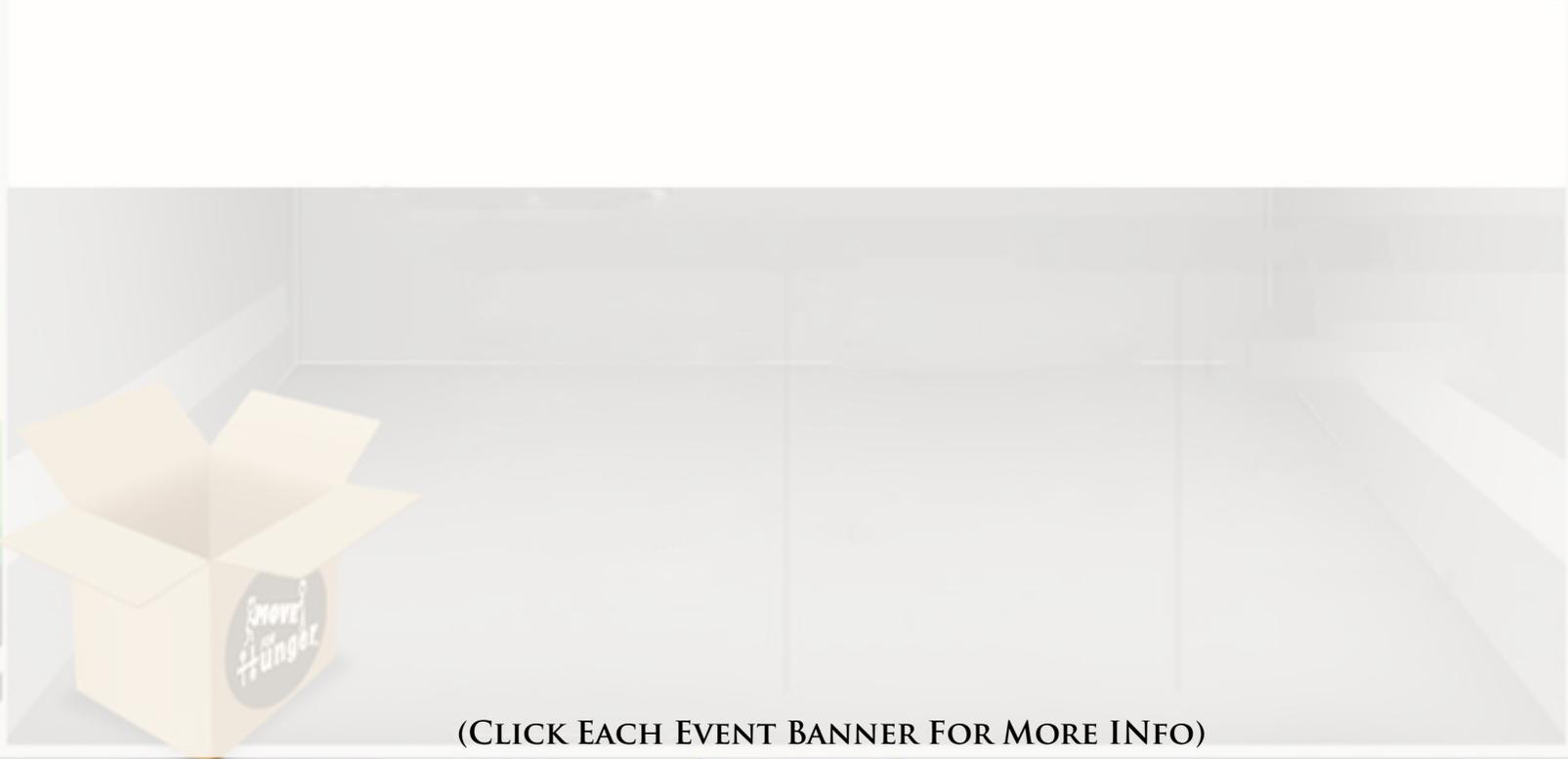


Mover Enrollment





A YEAR IN EVENTS



(CLICK EACH EVENT BANNER FOR MORE INFO)





A SPECIAL THANK YOU TO
OUR OUTSTANDING DONORS
FOR HELPING US FIGHT
HUNGER NATIONWIDE

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THE YEAR AHEAD

As great as 2011 has been, the year ahead presents numerous opportunities for anyone and everyone to make a difference in someone else's life.

If there is one thing we've learned this year, it's that lending a hand to someone in need doesn't have to be a grand gesture--it doesn't have to take a lot of skill or cost a lot of money. Most people want to give back, they just don't know how. Give them the chance to do good and you'd be surprised by the response.

It's simple acts from millions of people, like donating a couple of cans or giving a couple of bucks, that can make a real impact for those struggling right in your neighborhood.

Our goal for this coming year is to triple the size of our network to reach our goal of delivering 1,000,000 lbs. of food to per year to our nation's food banks.

Make it a point this year to help those less fortunate. Here's a few small ways you can make a big difference:

1. Relocating this year? Find a mover that is giving back to their community. Use our "Find-A-Mover" tool to locate socially-conscious movers in your area

@ <http://moveforhunger.org/find-a-mover/>

2. Know a Mover? Urge them to visit our online enrollment form and join our fight against hunger

@ <http://moveforhunger.org/become-a-mover/>

3. Host a food drive. Use our "Find-A-Mover" tool and our "Food Drive" page for tips and resources to make your drive a success.

4. Donate to your favorite charity. May we suggest Mover For Hunger?

